






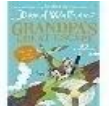
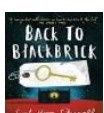
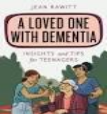


Let's talk about dementia –

Resources for Children and Young People

Books

Grandma by Jessica Shepherd ISBN 13: 9781846436024		KS1. Written from the child's perspective about Grandma going into a home. Q and A from child's perspective.
Grandma's box of memories Helping Grandma to remember by Jean Demetris ISBN: 9781849055178		KS1. Well-illustrated book about creating a box of memories.
The Memory Journeys by C Blanchette and C Draper		KS1. Young Onset dementia. Great accompanying booklet to support discussion and activities. Available from; contact@ypwd.info
My Grandma has Dementia by Alex Winstanley ISBN: 9798582240631		KS1 / Lower KS2. Simple, rhyming, cartoon like illustrations. Clearly explains what dementia is, how it affects someone (including progression from home to care home), and how to support.
When my Grammy forgets, I remember: A child's perspective on Dementia by Tony Haberkorn ISBN: 9780991623600		KS1 / 2. Outlines the journey for the person affected by dementia and their family.
Me and Mrs Moon by Helen Bate ISBN 978-1-910959-94-7		KS2. Cartoon style. Written from children's perspective, who realise that a dear friend is living with dementia. Outlines their journey in getting help.
Can I tell you about dementia? by Jude Welton ISBN: 9781849052979		KS2 / 3. Written from a person with dementia's perspective, includes some facts and challenges of dementia.
Grandpa's great escape by David Walliams ISBN: 9780007494019		KS2/3. In this humorous tale, a former spitfire pilot escapes from his care home, which is run by the evil Matron Swine.
Back to Black Brick by Sarah Moore Fitzgerald ISBN: 9781444006599		KS3/4. Story about a boy living with his grandfather who has Alzheimer's disease.
A loved one with dementia by Jean Rawitt ISBN: 9781538136980		KS4. Insights and tips for teenagers; anecdotes from young people and advice from professionals on positive interactions.

Films / clips

Let's Talk About Dementia - with subtitles	KS1/2. A short informative and supportive animation by Dementia UK, explaining dementia and ways to help.
Dan's story - Dementia Explained	KS2. Interview with Dan about his Nan having Alzheimer's disease and living with her diagnosis. Factual but positive. By Alzheimer's Research UK.
How does the brain work?	Upper KS2 / 3. A short film explaining how the brain works by Alzheimer's Society.
What is dementia?	Upper KS2 / 3. A short film explaining what dementia is by Alzheimer's Society. Films also available on YouTube on most common diseases that form dementia.
A Walk Through Dementia - at home - YouTube A Walk Through Dementia - walking home - YouTube A Walk Through Dementia - at the supermarket - YouTube	Upper KS2/3+. Presented in virtual reality, 3 walks through the home, on the road and in the supermarket which shows everyday life through the eyes of a person living with Dementia. Supports conversations around appropriate interactions. By Alzheimer's Research UK. (NB Start of launch video may be deemed unsuitable for some pupils.)
Small changes to help make a dementia friendly community	Upper KS2/KS3/KS4. Shows unhelpful / helpful interactions by the public when someone living with dementia goes out for the day in the community. By Alzheimer's Society.
Alzheimer's Society – Bookcase Analogy - YouTube	KS3. Dementia Friend explanation of the bookcase analogy. Talks about retention of facts / feelings. Outlines changes / care over time. By Alzheimer's Society.
Your Amazing Brain - Dementia Explained - Alzheimer's Research UK - YouTube	KS3+. Dementia explained by an expert. Outlines parts of the brain and functions. By Alzheimer's Research UK.
Early onset vascular dementia - A daughter's perspective - My mum has dementia (subtitled) - YouTube	Upper KS3 / KS4. Useful if a young carer is in a school, can be used to help their peers understand the impact of caring. By Alzheimer's Society.

Additional resources

Alzheimer's Society Factsheet [515 Supporting children and young people when a person has dementia](#)

[Making sense of dementia](#) is a booklet of activities suitable for KS2 children, which can support conversations around dementia.

[STARS: My Amazing Brain | Brain Health](#) Free downloadable resource packs for schools and families educating on brain health. Suitable for ages 8-12 years old.

[Information for teachers and schools about dementia - Dementia UK](#) contains useful information for all ages, including information for schools supporting pupils, a presentation, activities, support for young carers and resources.

[Dementia Explained - Alzheimer's Research UK \(alzheimersresearchuk.org\)](#) offers information from a young person's perspective, as well as support. There are age specific sections; Young Kids, Juniors, Teens. Some great activities.

[iSupport for Young People | iSupport Dementia Courses \(isupportdementiacarers.co.uk\)](#) is an excellent interactive online training and support tool for 11-17 years old, created by the World Health Organisation. Informative and helpful planning tool for Young Carers.

Dementia UK have produced a booklet to support young children when a parent has Young Onset Dementia, including further contacts and resources. [Supporting children and adolescents when a parent has Young Onset Dementia](#)